

City of Vancouver Volunteer Orientation – Please review safety standards at the start of each day and provide reminders throughout the work party event.

○ **Introduction:**

- Thank you Volunteers! Our leaders for today are _____

Safety is our #1 priority today, followed by getting some work done and most importantly having fun! Safety is your responsibility!

○ **Personal protection:**

- You must wear **long pants and closed-toe shoes** to all volunteer activities.
- You must wear **gloves** when performing litter picks, weed pulls, etc.
- Be aware of bees or other stinging insects if you have allergies please inform leader
- Drink plenty of water.
- Be careful when lifting heavy objects and make sure to bend your knees when stooping down to dig and plant.
- Take breaks as needed.

○ **Environmental protection and awareness:**

- The ground may be uneven in places. Be careful where you walk.
- Be aware of glass, needles, or other dangerous materials. When cleaning litter or brush do not insert your hands or body in any area that you cannot see where you are reaching. Use the buckets for glass and mark and notify a leader if other hazardous materials are found.
- Be aware of the public and fellow volunteer and communicate. Make when you set your tools down that it is done so in a safe location with the sharp end down.
- Wear sunscreen.

○ **First Aid:**

- If there is an injury there is a first aid kit in the _____
- If you are involved in a serious accident, please call 911.
- Let a leader know and notify Volunteer Coordinator immediately of any injuries obtained while volunteering and fill out an Injury-Exposure Report immediately.

○ **Liability:**

- All volunteers are required to a complete hold harmless release.
- Volunteers are not covered by the City of Vancouver worker's compensation program.

○ **Specific considerations:**

○ **Work Plan for the day:**

Be safe, get some great work done and have a super fun time today! Thank you