

VOLLEYBALL

Volleyball Classes at Marshall

Girls 8-14. Learn the basics of passing, setting, hitting, serving, and rotations. Fun and non-competitive. Knee pads recommended. No class on 5/29. **MCC Gym.**

M	5/1-6/5	\$43/\$50
6630	5:30-6:30pm	Beginner ages 8-11
6631	6:30-7:30pm	Beginner ages 12-14
6632	7:30-8:30pm	Intermediate ages 11-14

M	9/11-10/9	\$43/\$50
6642	5:30-6:30pm	Beginner ages 8-11
6643	6:30-7:30pm	Beginner ages 12-14
6644	7:30-8:30pm	Intermediate ages 11-14

Volleyball Classes at Firstenburg

Girls 9-14. All levels of experience. Take part in an action packed session of learning the fundamentals, fun scrimmages and games. Instructor, Christie (Roes) Strawn is the former Head Coach at Cornell University. Christie's quality staff provides low coach to player ratio and keeps the class competitive for various levels of play. Meets twice a week. **FCC Gym.**

Su/M	9/10-10/2	\$100/\$110
6702	5:30-7pm (Mondays)	4-5:30pm (Sundays)

Private Volleyball Lessons at Firstenburg

Private lessons are a great opportunity for players of all ages and ability levels to receive the attention they need to advance to the next level. Call Jana Wilson at 360-487-7025 to schedule your lesson. Instructor: Allison Milhorn. **FCC Gym.**

Session length	1 athlete	2 athletes	3 or more
1 hour	\$44/\$51	\$66/\$76	\$88/\$101
5 lessons	\$200/\$230	\$300/\$345	\$400/\$460



Fees listed as: City Resident/Non-Resident

MARTIAL ARTS

Taekwondo Karate

Ages 7+. This ancient Korean martial art focuses on self-defense, physical fitness and mental strength. Practice in a non-contact environment. Gain flexibility, confidence, coordination, integrity and indomitable spirit. Intermediate class, those with a blue belt and above. Instructor: Master Centeno. **FCC Community Rooms B & C.**

Beginner		
Tu/Th	6-7pm	\$92/\$106
6500	5/30-7/11	
6501	7/18-8/24	
6502	9/5-10/12	

Intermediate		
Tu/Th	7-8pm	\$92/\$106
6503	5/30-7/11	
6504	7/18-8/24	
6505	9/5-10/12	

SOCCER

Soccer Shots

Soccer Shots is a fun and engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. **Marshall Park, 1009 E McLoughlin Blvd.**

Su	6/11	FREE
	3-3:35pm	Ages 3-5
	3:45-4:30pm	Ages 5-8
Su	6/25-8/27	\$170
	2-2:45pm	Ages K-2nd grade
	3-3:35pm	Ages 3-5
	3:45-4:15pm	Ages 2-3 with parent

To register visit <https://pdx.ssreg.org/>
Search: Marshall Park, Summer 2017

For more information: 503-913-4542