

Pools

Swim Fit... Swim Fun... Swim Safe



Firstenburg Pool

700 NE 136th Ave

Questions/Registration: 360-487-7001

Pool Information: 360-487-7009

Inclement Weather/Emergency Closure:
360-487-7040

Marshall Pool

(currently under construction)

1009 E McLoughlin Blvd

Questions/Registration: 360-487-7100

Pool Information: 360-487-7070

Inclement Weather/Emergency Closure:
360-487-7065

Swim Vancouver!

OPEN SWIMS

Special Notes

Children under 7 (with or without lifejacket) must be within arm's reach of a parent or guardian at all times. One adult in the water for every three children under 7. Children 3 and under and non-toilet trained children must wear swim diapers and plastic pants (sold at the front desk).

Public Swim

The entire pool and slide are available for play time! At Firstenburg, due to high participation levels, large groups may have to wait to enter the pool.

Family Swim

Adults and families only. Children 15 and under must be accompanied in the water by a parent or guardian.

Aqua Play

Parents, bring your children for non-instructed water play time!

Lap Swim

For all skills and abilities wanting to swim laps. Must be 13 or older.

Individual Exercise

Exercise on your own in areas not being used by classes. Must be 13 or older.

Water Exercise Classes

Firstenburg Pool offers a variety of water exercise classes. For current class descriptions and times, please pick up a handout at either community center, or visit us online at: cityofvancouver.us/schedules. Must be 13 or older.

Marshall and Firstenburg Pool Schedule Adjustments

5/29	Memorial Day	FCC on Holiday Schedule MCC Pool Closed
7/4	4th of July	FCC Closed MCC Closed

Firstenburg Holiday Schedule

Public swims:
10-noon, 12:15-2:15pm, 2:45-4:30pm, and 4:45-6:30pm.

SWIM LESSONS

Special Notes: Appropriate water safety skills are taught in each swimming level by Red Cross certified Water Safety Instructors. Children must be the appropriate age by the first day of class, age exceptions are not given. Please review our cancellation/transfer policy on page 39. All spectators must observe lessons from viewing area, not on the pool deck.

Infant & Toddler Lessons

Ages 6 months – 3 years

Parent-n-Tot

Water orientation for children 6 months to 3 years old with parent(s) in the water. Parent(s) assist their child in basic swimming and safety skills. All children age 3 and under must wear swim diapers and plastic pants with elastic waist and leg bands (available for purchase at the front desk). Children pass to Pre-Level 1 at age 3.

Preschool Lessons

Ages 3 – 5 years

Pre-Level 1

Starting point for children ages 3-5. Adjust to the water and become comfortable putting face in the water. Pass to Pre-Level 2.

Pre-Level 2

For children who have completed pre-level 1 and/or are comfortable putting

their face under water. This class will help children be comfortable swimming on their back and stomach for 5 feet independently, and rolling over from one side to the other side. Pass to Pre-Level 3.

Pre-Level 3

For children who have completed pre-level 2 and/or are able to swim on back and stomach independently. Students will progress to moving through the water with armstrokes and kicking in preparation for side breathing. Pass to Level 3.

**Once children pass Pre-Level 3 they progress to Level 3, regardless of their age.*

Youth Lessons

6 years+

Level 1

Starting point for children ages 6 and up. Students learn to become comfortable in the water and progress to swimming on front and back for 7-10 feet and rolling over independently. Pass to Level 2.

Level 2

For children who have completed level 1 and/or who are able to swim comfortably on front and back without instructor assistance. Students will progress to swimming front crawl for 10 yards and back fin for 25 yards independently. Pass to Level 3.

Level 3

For children who have completed level 2 and/or are able to swim front crawl 10 yards and back fin 25 yards independently. Students will progress to swimming 25 yards front crawl with side breathing and 25 yards back crawl without instructor assistance. Pass to Level 4.

Level 4

For children who have completed level 3 and/or are able to swim 25 yards front crawl with side breathing and 25 yards of back crawl. Students will refine front crawl and back crawl skills and learn elementary backstroke. Pass to Level 5.

Level 5

For children who have passed level 4 and/or are able to swim 25 yards of front crawl, back crawl, and elementary backstroke. Students will progress to swim a distance of 50 yards front crawl, back crawl and elementary backstroke and learn breaststroke and sidestroke. Pass to Level 6.

Level 6

For children who have passed level 5 and/or are able to swim 50 yards front crawl, back crawl, and elementary backstroke and 25 yards breaststroke and sidestroke. Students will refine all 6 strokes, learn conditioning skills and complete a 500 yard swim and 5 minutes of treading water.

Adult Lessons

Adult Beginning Swimming

This class teaches basic swimming and safety skills for the adult beginner. Floating, streamline position and introduction to armstrokes and backstroke.

Private Lessons

Need more individualized instruction? We offer private lessons! We will gear the lessons towards your goals, water safety, being comfortable in the water, basic stroke or training for a triathlon. We can customize for your needs. Private lessons are offered during the group lesson time. Find the barcode on the next page and register just like you would for group lessons.

GENERAL INFORMATION

Pool Rentals

Did you know you can have Firstenberg or Marshall Pool all to yourself and your friends by booking a private rental? Book your pool party today by calling 360-487-7011, opt. 1 for Firstenberg Pool or 360-487-7071 for Marshall Pool.

Interested in being a lifeguard with the City of Vancouver? Check for current job opportunities with Karen Krohling at karen.krohling@cityofvancouver.us.

Pool Rules

The Vancouver Parks and Recreation Department and the Washington State Health Department have developed safety rules for the safety and general well-being of our patrons. Please help us maintain a fun and safe environment

by following the rules posted at each aquatic facility. Failure to follow these rules can result in suspension of swimming privileges.

Help Us Maintain Quality Pool Water

Do not swim if you have had intestinal illness, stomach ache, or diarrhea in the past 14 days. All children age 3 and under must wear plastic pants with elastic waist and leg bands (sold at the front desk). As a courtesy to other patrons and to reduce water quality issues, a soap shower is required before swimming and refrain from wearing body lotions, fragrances, hair spray/gels and makeup into pools.

Swim Lessons – Spring

FIRSTENBURG POOL 360-487-7009
MARSHALL POOL 360-487-7070

Firstenburg Community Center Pool Swim Lessons

700 NE 136th Ave. | Vancouver, WA 98682 | Average Pool Temperature: 86-87 degrees



SPRING 2017

Tues-Thurs Mornings	May 2nd - May 25th					May 30th - June 22nd				
Levels	9:00	9:30	10:00			9:00	9:30	10:00		
Pre-Level 1	6328					6329				
Pre-Level 2		6362					6363			
Pre-Level 3			6397					6398		
Private Lesson	6721	6722	6723			6724	6725	6726		

Tues-Thurs Evenings	May 2nd - May 25th					May 30th - June 22nd				
Levels	4:00	4:35	5:10	5:45	6:20	4:00	4:35	5:10	5:45	6:20
Parent-n-Tot		6277	6278				6279	6280		
Pre-Level 1	6332	6333	6334	6335	6336	6337	6338	6339	6340	6341
Pre-Level 2	6364	6365	6366	6367	6368	6369	6370	6371	6372	6373
Pre-Level 3	6399			6400	6401	6402			6403	6404
Level 1	6123	6124	6125	6126	6127	6128	6129	6130	6131	6132
Level 2	6157	6158	6159	6160	6161	6162	6163	6164	6165	6166
Level 3	6190	6191	6192	6193	6194	6195	6196	6197	6198	6199
Level 4	6216		6217		6218	6219		6220		6221
Level 5		6234		6235			6236		6237	
Level 6				6246					6247	
Adult Beginning					5924					5925
Private Lesson	6421	6422	6423			6424	6425	6426		

Saturday Mornings	May 6th - June 24th		
Levels	10:00	10:35	11:10
Parent-n-Tot		6281	
Pre-Level 1	6330	6331	
Pre-Level 2	6374		6375
Pre-Level 3			6405
Level 1	6133	6134	6135
Level 2	6177	6178	6179
Level 3		6200	
Level 4	6222		
Level 5			6238
Level 6			6248
Private Lesson		6427	

Sunday Afternoons	May 7th - June 25th			
Levels	3:30	4:05	4:40	5:15
Parent-n-Tot	6282	6283		
Pre-Level 1	6342	6343		6344
Pre-Level 2	6376		6377	6378
Pre-Level 3			6406	6407
Level 1	6136	6137	6138	6139
Level 2	6180	6181	6182	6183
Level 3		6201		6202
Level 4	6223	6224		
Level 5			6239	
Level 6			6249	
Private Lesson	6428		6429	6430

PLEASE NOTE:

- >> Sessions are 8 lessons unless otherwise noted.
- >> All transfers, credit and refund requests must be made 5 business days before the start of the class.
- >> You must be registered by the first day of the session. We do not allow late registration.
- >> There are no age exceptions; child must be required age by the first day of class.
- >> All spectators must watch from the viewing area, not the pool deck.
- >> We do not offer make-up classes.
- >> All classes are 1 teacher to students (except parent-n-tot).
- >> All classes are 30 minutes.



Group Session Fees:

8 lessons for \$65 resident/\$74 non-resident
7 lessons for \$57 resident/\$65 non-resident
Private Session Fees (for 1 student):
8 lessons for \$260 resident/\$310 non-resident
7 lessons for \$228 resident/\$270 non-resident

Swim Lessons – Summer

FIRSTENBURG POOL 360-487-7009
MARSHALL POOL 360-487-7070

Firstenburg Community Center Pool Swim Lessons

700 NE 136th Ave. | Vancouver, WA 98682 | Average Pool Temperature: 86-87 degrees



SUMMER 2017

Mon-Wed Mornings	June 26th - July 19th				July 24th - August 16th			
	9:00	9:35	10:10	10:45	9:00	9:35	10:10	10:45
Levels								
Parent-n-Tot	6284	6285	6286		6287	6288	6289	
Pre-Level 1	6345	6346	6347	6348	6349	6350	6351	6352
Pre-Level 2	6379	6380	6381	6382	6383	6384	6385	6386
Pre-Level 3	6408			6409	6410			6411
Level 1	6140	6141	6142	6143	6144	6145	6146	6147
Level 2	6184	6185	6186	6187	6188	6189	6669	6670
Level 3	6203	6204	6205	6206	6207	6208	6209	6210
Level 4	6225		6226		6227		6228	
Level 5		6240		6241		6242		6243
Level 6				6250				6251
Private Lesson		6431	6432			6433	6434	

Sunday Afternoons	July 2nd - August 20th			
	3:30	4:05	4:40	5:15
Levels				
Parent-n-Tot	6290	6291		
Pre-Level 1	6692	6693		6694
Pre-Level 2	6703		6704	6705
Pre-Level 3			6412	6413
Level 1	6148	6149	6150	6151
Level 2	6671	6672	6673	6674
Level 3		6211		6212
Level 4	6229	6230		
Level 5			6244	
Level 6			6252	
Private Lesson	6435	6436	6437	6438

Tues-Thurs Evenings	June 27th - July 20th (no class 7/4, 7 lessons)					July 25th - August 17th				
	4:00	4:35	5:10	5:45	6:20	4:00	4:35	5:10	5:45	6:20
Levels										
Parent-n-Tot		6292	6293				6294	6295		
Pre-Level 1	6353	6354	6355	6356	6357	6358	6359	6360	6361	6691
Pre-Level 2	6387	6388	6389	6390	6391	6392	6393	6394	6395	6396
Pre-Level 3	6414			6415	6416	6417			6418	6707
Level 1	6152	6153	6154	6155	6156	6708	6709	6710	6711	6712
Level 2	6167	6168	6169	6170	6171	6172	6173	6174	6175	6176
Level 3	6213	6214	6215	6675	6676	6677	6678	6679	6680	6681
Level 4	6231		6232		6233	6682		6683		6684
Level 5		6245		6685			6686		6687	
Level 6				6253					6688	
Adult Beginning					5926					5927
Private Lesson	6439	6440	6441			6442	6689	6690		



Please check our website for Marshall Pool lessons. We will schedule lessons as soon as construction on the pool is complete.