Access To Recreation

LC: Luepke Center MCC: Marshall Center FCC: Firstenburg Center

Access to Recreation programs are specifically for people with disabilities. Staff ratio is 1:4. Clients who need one-on-one assistance may bring their own caregiver, or register for Inclusion Services. Registration for all activities is required a minimum of five business days before the event in order to ensure adequate staffing. For some classes registration is required six business days due to C-Van scheduling. **If this is your first time and wish to be on the event ride please notify our office 6 days in advance at 360-487-7058. You are required to call and check ride times prior to class.** Complete an Inclusion Intake/Assessment form in person or at cityofvancouver.us/inclusion.

To use DDD family support/respite money to pay for classes, notify your caseworker of the classes you want. Provide them with the barcode #, class name and fee. They will send us your registration. If you are unable to attend a class, you must notify your caseworker at 360-418-6108 and our office at 360-487-7058.

For special modifications, contact Inclusion Services at 360-487-7057. See page 39 for more information.

Leisure counseling is available to assist in planning recreation activities. To schedule an appointment call Debbie Gibbs at 360-487-7058 or Teresa Williamson at 360-487-7060.

Please schedule arrivals and pick-ups no earlier than 30 minutes before or after the activity. If attendee is dropped off too early or not picked up, we are required to report to child/adult protective services.

SOCIALIZING

Monday Funnites

Ages 18+. Registration is per session. This popular program is a great opportunity to make new friends. **LC Community Room.**

6706

M	3:30-5pm	$16/$18
5/8	Karaoke	
5/15	Bingo	
5/22	Sharing	
6/5	Movie pizza and popcorn	
6/12	Water games	
6/19	Charades	
6/26	Karaoke	
7/3	Celebrate the 4th	
7/10	Outside sports	
7/17	Take a nap with Jolene	
7/24	Karaoke	
7/31	Water games	
8/7	Bingo	
8/14	End of the summer party	

Friday/Saturday Dances

Ages 18+. Dance to your favorite music and meet new friends. Includes hot dog, chips and pop. Drop off west side. $8 (assisting staff for $4). **LC Community Room.**

F 5-7pm

5949	5/12	**5950**	6/9
5951	7/21	**5953**	8/11

Fitness for All

Ages 18+. An exercise class for people with or without cognitive developmental disabilities. $37/$45. **MCC Gym.**

Tu/Th 10:30-11:15am

6037	5/9-5/25	**6038**	6/6-6/25

Recreational Bowling

Ages 15+. Includes two games per week and staffing. Lanes are categorized by age. **Allen's Crosley Lanes**, 2400 E. Evergreen Blvd.

W 9:30-11am $60/$71

6447	5/10-6/7	**6449**	6/14-7/12	**6451**	7/19-8/16

W 3:30-5pm $60/$71

6448	5/10-6/7	**6450**	6/14-7/12	**6452**	7/19-8/16

TRIPS

Ages 18+. Trips accommodate up to 11 participants, including only two who use wheelchairs. **Must pre-register to attend.** Staff ratio is 1:3. Participants must stay with staff at all times. Each group/foster home/day program is limited to three people per trip. If personal care is needed, caregivers must attend with participant. Caregiver is responsible for their admission fee. Bring $20 for meal unless noted otherwise. **Meet in Luepke Center lobby.**

M 9:30am-2:30pm $37/$45

5960	5/8	Bonneville Dam and lunch. Bring $15.
5961	5/22	Shopping and lunch in Longview. Bring $20.
5962	6/12	Take Max to downtown Portland for a walk around the city. Bring $15 and bus pass or $4 for Max.
5963	7/3	Rainbow Trout Farm and lunch. Bring $20.
5964	7/24	Casino trip for a buffet lunch and slots. Must be 21yrs and have photo ID. Bring $25.
5965	8/14	Lewisville Park for a hike and lunch at Rocky's Pizza. Bring $15.

F 4-7pm $25/33

5956	5/19	Dinner at Red Robin. Bring $20.
5957	6/16	Dinner at Sonic Drive-In and shopping. Bring $15.
5958	7/14	Dinner at Billigan's Roadhouse. Bring $20.
5959	8/18	Dinner at The Rock Wood Fired Kitchen. Bring $20.

ENRICHMENT

All Supplies are included in the fee. **Must pre-register to attend.**

Cooking for Fun

Ages 18+. You'll be guided through the preparation, cleanup process and work on table skills. **MCC Oak Room.**

Tu 9:15-10:15am $46/$53

6015	5/9-5/23	**6016**	6/6-6/20

Arts and Crafts

Ages 18+. Learn new skills and create projects for gift giving and personal enjoyment. **MCC Arts and Crafts Studio.**

Th 9:15-10:15am $46/$53

5945	5/11-5/25	**5946**	6/8-6/22

Fees listed as: City Resident/ Non-Resident

For other fitness activities, please see Fitness pages 12-15.