

Drop-in Sports Gym Schedule January 2-March 15, 2025

Revised 12/24/24

FREE TO PASSHOLDERS YOUTH 4-18: \$6/8 ADULTS 19+: \$10/13 ADULTS 65+: \$7/9					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 a.m12 p.m. Pickleball Drop-In & MCC Membership 24 Spots Ages 12+	7 a.m2:30 p.m. Open Play Drop-In & MCC Membership	10 a.m12 p.m. Pickleball Drop-In & MCC Membership 24 Spots Ages 12+	7 a.m1:30 p.m. Open Play Drop-In & MCC Membership	10 a.m12 p.m. Pickleball Drop-In & MCC Membership 24 Spots Ages 12+	8 a.m11:30 a.m. Open Play Drop-In & MCC Membership
N & S Gym; 4 Courts	S Gym; 1 Court	N & S Gym; 4 Courts	S Gym; 1 Court	N & S Gym; 4 Courts	S Gym; 1 Court
12:30-1:45 p.m. Open Play Drop-In & MCC Membership		12:30-1:30 p.m. ATR Fun & Fitness Registration Required	11:30 a.m1:30 p.m. Volleyball Drop-In & MCC Membership 18 Spots Ages 50+	12:30-2:30 p.m. Open Play Drop-In & MCC Membership	12-2 p.m. Volleyball Drop-In & MCC Membership 30 Spots Ages 18+
S Gym; 1 Court		N & S Gyms; 2 Courts	N Gym; 1 Court	S Gym; 1 Court	N & S Gym; 2 Courts
2:15-5 p.m. Teen After School YOP & MCC Membership N & S Gym; 2 Courts	3:15-5 p.m. Teen After School YOP & MCC Membership N & S Gym; 2 Courts	3:15-5 p.m. Teen After School YOP & MCC Membership N & S Gym; 2 Courts	3:15-5 p.m. Teen After School YOP & MCC Membership N & S Gym; 2 Courts	3:15-5 p.m. Teen After School YOP & MCC Membership N & S Gym; 2 Courts	2:30-4:30 p.m. Basketball Drop-In, MCC Membership & YOP 25 Spots Ages 11+ N & S Gym; 2 Courts
5:30-7:45 p.m. Open Play Drop-In & MCC Membership N & S Gym; 2 Courts	Reserved for Skyhawks Sports Clinics N Gym; 1 Court Reserved for Vancouver Volcanoes Basketball Clinics S Gym; 1 Court	5:30-7:30 p.m. Volleyball Adult Volleyball Ages 18+ 1/8—1/15 Women's League 1/22—3/12 N & S Gym; 2 Courts	5:30-7:30 p.m. Volleyball Adult Volleyball Ages 18+ 1/2—1/16 Women's League 1/23—3/13 N & S Gym; 2 Courts	5:15-6:45 p.m. Basketball Drop-In & MCC Membership 25 Spots Ages 11+ N &S Gym; 2 Courts	Register for Sports Clinics Online: N = North S = South
Marshall Center Hours 6 a.m8 p.m.	Marshall Center Hours 6 a.m8 p.m.	Marshall Center Hours 6 a.m8 p.m.	Marshall Center Hours 6 a.m8 p.m.	Marshall Center Hours 6 a.m7 p.m.	Marshall Center Hours 8 a.m5 p.m.

Marshall Gym Rules

- 1. Water in non-breakable water bottles are permitted. Food, candy, sports drinks, gum, and tobacco are not allowed in the gym.
- 2. Unauthorized personal training or coaching is not allowed.
- 3. Dunking or hanging from the rims is not allowed at any time.
- 4. Shirts and tied athletic footwear must be worn at all times in the gym.
- 5. For your safety and quality of your recreational experience, spectators are not allowed during adult drop-in programs or open gym during programmed time.
- 6. Bring your own ball if it is in good condition and appropriate for the activity you are playing. A limited number of basketballs and volleyballs are available to check out. You must leave your photo ID at the front desk to check out a ball.
- 7. During "Open Play," sports that do not require additional equipment setup may be practiced. No full court games during this time.

We want our gym to be a positive, enjoyable place for all. Please do your part to help us achieve this goal.

- Please follow the Gym Rules and Code of Conduct, while participating in any gym programs.
- You must show a valid membership card or a drop-in receipt AND/OR wristband.
- Participants must meet age requirements for the programmed time.
- A photo ID is required for proof of age during adult drop-in times.
- Participants must be at least 11 years old to be in the gym unsupervised.
- Maximum of number of allowed players is indicated on schedule. Example: Pickleball (24)
- Sign-in is required for drop-in programs. Pickleball check-in begins 30 minutes prior to the scheduled program time.

