

Swim Lesson Schedule— March/April 2025

Registration begins at 7 a.m. on Wed., Feb. 19 for residents and at 7 a.m. on Thurs., Feb. 20 for non-residents

Firstenburg Pool 700 NE 136th Ave. | 360-487-7001
Average Pool Temperature: 86-87° F (6 lessons per session, 30 min)

Marshall Pool 1009 E. McLoughlin Blvd. | 360-487-7100
Average Pool Temperature: 84-86° F (6 lessons per session, 30 min)

	Mondays, March 3—April 7				Wednesdays, March 5—April 9			
Levels	9:30am	10:05am	10:40am	11:15am	9:30am	10:05am	10:40am	11:15am
Parent-n-Tot				29659				29874
Pre-Level 1	29661				29858			
Pre-Level 2		29663						
Pre-Level 3								
Level 1			29650			29865		
Level 2							29652	
Level 3								

	Tuesdays, March 4—April 8				Thursdays, March 6—April 10			
Levels	9:30am	10:05am	10:40am	11:15am	9:30am	10:05am	10:40am	11:15am
Parent-n-Tot				29895				
Pre-Level 1	29662							29896
Pre-Level 2		29664						
Pre-Level 3			29666					
Level 1					29885			
Level 2						29653		
Level 3							29655	

	Tuesdays, March 4—April 8				Thursdays, March 6—April 10			
Levels	4pm	4:35pm	5:10pm	5:45pm	4pm	4:35pm	5:10pm	5:45pm
Parent-n-Tot			29875			29876		
Pre-Level 1	29859		29860	29861	29862			29863
Pre-Level 2	29878			29879	29880			
Pre-Level 3				29665	29881			
Level 1	29866		29867			29868	29869	
Level 2		29870				29871	29872	29873
Level 3		29654					29877	
Level 4								
Level 5								
Level 6								29658
Adult Beginner		29648						29864
Adult Stroke Imp.								

	Mondays, March 3—April 7				Wednesdays, March 5—April 9			
Levels	4pm	4:35pm	5:10pm	5:45pm	4pm	4:35pm	5:10pm	5:45pm
Parent-n-Tot			29660				29894	
Pre-Level 1		29897			29898			
Pre-Level 2		29899			29900			
Pre-Level 3		29901			29902			
Level 1	29651		29882			29883		29884
Level 2	29886			29887		29888		29889
Level 3	29890					29891	29892	
Level 4				29656				29893
Level 5							29657	
Level 6				29658				
Adult Beginner								
Adult Stroke Imp.			29649					

Group Session Fees: 6 lessons \$72/\$96

YOUTH SWIM LESSONS

Students pass to the next pre-level or level class unless otherwise noted.

Parent-n-Tot | Ages 6 months-3 years

Includes water orientation for a child 6 months to 3 years old with a parent. You'll assist your child in basic swimming and safety skills. Non toilet-trained children must wear an elasticized diaper.

Pre-Level 1 | Ages 3-5

The starting point for ages 3-5. Students will adjust to the water and become comfortable putting their faces in.

Pre-Level 2 | Ages 3-5

For children who have completed Pre-Level 1 or are comfortable putting their face under water. Students will progress to swimming on their back and stomach independently and rolling over from side to side.

Pre-Level 3 | Ages 3-5

For children who have completed Pre-Level 2 or are able to swim on their back and stomach independently. Students will progress to moving through the water with arm-strokes and kicking in preparation for side-breathing. Students pass to Level 3 regardless of age; registration for Level 3 must be completed in-person or by phone to override the age requirement.

Level 1 | Ages 6-12

The starting point for ages 6 and older. Students will get comfortable in the water and progress to rolling over and swimming on their front and back independently.

Level 2 | Ages 6-12

For children who have completed Level 1 or are able to swim comfortably on their front and back without instructor assistance. Students will progress to using combined arm and leg action independently with their face in the water.

Level 3 | Ages 6-12

For children who have completed Level 2 or are able to swim the front crawl and back glide strokes independently. Students will progress to swimming 25 yards of front crawl with side breathing and 25 yards of elementary backstroke without instructor assistance.

Level 4 | Ages 6-12

For children who have completed Level 3 or are able to swim 25 yards of front crawl with side breathing and 25 yards of elementary backstroke. Students will refine front crawl and elementary backstroke skills and learn breaststroke.

Level 5 | Ages 6-14

For children who have passed Level 4 or are able to swim 25 yards of front crawl and elementary backstroke. Students will progress to swimming 50 yards of front crawl and elementary backstroke, and 25 yards of backstroke and breaststroke.

Level 6 | Ages 6-14

For children who have passed Level 5 or are able to swim 50 yards front crawl and elementary backstroke, and 25 yards breaststroke and backstroke. Students will refine all 6 strokes, learn conditioning skills, complete a 500 yard swim and 5 minutes of treading water. Level 6 may be repeated for continued skill enhancement and endurance.

ADULT SWIM LESSONS:

Adult Beginner | Ages 13+

Basic swimming and safety skills for the adult beginner. Pass to Adult Intermediate.

Adult Intermediate | Ages 13+

Continued water orientation. Begin swimming longer distances with and introduction to the breaststroke and endurance work. Pass to Adult Stroke Improvement.

Adult Stroke Improvement | Ages 13+

Increase stroke efficiency. Work on long distance swimming, stroke refinement and endurance.

Private Lessons | Ages 3+

Private lessons provide 1-on-1 instruction. Lessons are tailored to fit the student's goals.

NEW IN 2025: RESIDENCY VERIFICATION

Vancouver resident benefits are provided automatically based on the contact information in your free ActiveNetwork registration account.

To verify your address in an existing account or open a new account, visit the customer service desk or cityofvancouver.us/recreation-fees.



VISIT cityofvancouver.us/SwimLessons